



Health Beliefs History

- What do you think is wrong?
- Why do you think you have this illness?
- What do you think caused it?
- Why do you think it started when it did?
- What do you think happens inside your body when you have an asthma attack?
- What are the symptoms that make you know that you're going to have an asthma problem?

- What are you most worried about with asthma?
- What problems does it cause you?
- How long do you expect it to last?
- How do you treat it?
- What will happen if it is not treated?
- What do you expect from the therapies?