
Is your **Asthma Under Control?**

DO YOU OR YOUR CHILD...

Miss school or work because of asthma?

•

Have trouble being active or exercising
because of asthma?

•

Sometimes need to go to an urgent care facility
or to the emergency room because of asthma?

•

Take your “quick-relief inhaler”
more than two times a week?

•

Awaken at night with asthma symptoms
more than two times a month?

•

Refill your “quick-relief inhaler”
more than two times a year?

•

If you answered “**Yes**” to any of these questions, your
asthma is **NOT UNDER CONTROL**. Talk to your
doctor about your (or your child’s) asthma today!

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