
Is your **Asthma Under Control?**

DO YOU OR YOUR CHILD...

Miss school or work because of asthma?



Have trouble being active or exercising
because of asthma?



Sometimes need to go to an urgent care facility
or to the emergency room because of asthma?



Take your “quick-relief inhaler”
more than two times a week?



Awaken at night with asthma symptoms
more than two times a month?



Refill your “quick-relief inhaler”
more than two times a year?



If you answered “**Yes**” to any of these questions, your
asthma is **NOT UNDER CONTROL**. Talk to your
doctor about your (or your child’s) asthma today!