

Asthma Initiative of Michigan Asthma Educator's Sharing Day Friday October 13, 2017

AE-C RECERTIFICATION BY CEUs

Taking the Stress Out of Becoming AE-C Recertified



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Why might you not want to get recertified?

- If you have simply lost the passion to reduce the national prevalence of asthma and/or you wish to devote more time to another personal vocation or mission that has entered into your life

Why might you want to get recertified?

- Asthma remains a huge national issue: Current stats
- Law of supply and demand: There is not enough of us to meet this demand
- Asthma is still under diagnosed: Competent HCP's like us are needed to reduce this number

Why might you want to get recertified? continued

- Most providers, even pulmonologist simply “just don’t get it!”
- Stats on current number of AE-C and those that allowed certification to lapse
 - Current total : 3,590
 - Number that have taken and passed exam since 9/19/2002: _____
 - Total AE-C that no longer pursue recertification: _____
- Other considerations and situations:
 - Good source post retirement income and self-worth, “Yes I can still make a difference

Taking the Stress Out of Becoming AE-C Recertified

Can some one help me please!



Three steps to take the stress out of the recertification process

- **Step one- The decision:** You are not sure if you should take it by exam or CEUs
 - Open NAECB website: www.naecb.com
 - Complete the Self-Assessment Exam (Cost \$75.00)
 - If scored 80 or above, then consider taking the written exam
 - If scored 79 or below, consider obtaining your recertification via CEUs

Step one: continued

- Key things to take into account:
 - Exams: National pass rate for the AE-C is 69.9%
 - By CEU's: ***Recertification must be completed during the calendar year in which an AE-C[®]'s certification expires***
 - ❖ Message: A minimum of 35 CEUs are needed so don't wait, begin AE-C recertification by CEUs ASAP

Step two: The plan: Open NAECB website **www.naecb.com**

- Click on “Apply for recertification on line now”
- Click on & print the PDF NAECB booklet for recertification by CEUs
- Read this booklet thoroughly ***a minimum of three times***
 - CEU “types” of activities must come from the ones listed (pg 2)
 - CEU must come from approved accredited providers (pg 5)
 - Also note those activities that are not acceptable (pg 3)

Step two: The plan: Continued

Open NAECB website

www.naecb.com

- Determine your time line
 - How many events you need to take to meet your deadline
 - ✓ Note:
 - ❖ Pay attention to the number of CEUs the event offers
 - ❖ You will be able to find a variety of both free and courses that will cost a nominal fee
 - ❖ There are some accredited courses available at a cost that offer up to 21 CEUs. eg: Western Schools; “Asthma Management in Children and Adults”; cost = \$100.00

Step two: The plan: Continued

Open NAECEB website www.naecb.com

- Choose your courses
 - Consider completing courses that would most positively impact your current role and/or would improve your knowledge base on what you discovered most weak after completing the self-assessment exam
 - Calculate if the CEUs of each course will be adequate to meet your desired deadline
 - Consider earning at least 5 extra CEUs just to be on the safe side
- Place the courses on a calendar, either electronic or paper, that will prompt you to complete the courses as you had planned to meet your deadline
- If the course requires a registration, do that when you are sure you will use it as one of your CEU activities
- After completing each course, assure you document the title of the course, contact hours and the accrediting provider of the event

**You have decided to recertify by CEU's,
have a plan in place, began completing
CEU approved courses....so what is
next?**



Step Three: Recertification application process

- Open NAECEB website www.naecb.com
- Click on “Apply for recertification online now”
- *This must be done during the calendar year in which your AE-C®'s certification expires*
- Type in the appropriate information on the template provided

Step Three: Recertification application process: continued

- Cost of recertification by CEUs is \$300.00 and you can pay online
- I highly recommend completing this process on line, however, you may submit the same information via mail using the form provided on the same face page and mail it to:
 - NAECB, 4004 E Baseline Rd. Suite 206, Gilbert AZ, 85234
- Finally I recommend following up your submission within 2-3 days calling the NAECB just to make sure they received it and it is being processed at 877-408-0072
- You will receive a notification via email within the next 10 business days and an updated NAECB certification within one month

Some advantages of re-certification by CEU's

- Remain current with new meds and info that comes out
- Keeps you connected to others who work with asthma
- Motivates you to set a routine to read, attend conferences or review conference recordings on asthma

Attitudes needed to successfully complete and obtain your AE-C recertification by CEUs

- **Discipline:** To set up a routine to assure over time that you meet the CEU requirements by the deadline date
- **Desire:** To remain a part of a community that is passionate about reducing the morbidity/mortality rates of asthma world wide
- **Dedication:** Willing to devote precious time to the cause

General sharing from those who have other tips & suggestions who have successfully completed their AE-C recertification process by:

- Exam
- CEUs
- See AIM hand out & website for more tips
 - www.getasthmahelp.org

In summary

- Asthma continues to remain a significant national burden to our society, many are dying daily from this condition that could have been saved simply by a brief encounter with an AE-C
- Fortunately all AE-C's have the backing and support from a very strong accrediting organization named the National Asthma Educators Certification Board, their mission... to promote optimal asthma management and quality of life among individuals with asthma, their families and communities, by advancing excellence in asthma education through the certified asthma educator process
- If you still have the slightest desire to help in the drive to reduce asthma morbidity & mortality, but fear or lack of confidence is making you question your ability to pass a written exam once again, then beginning the process of AE-C recertification by CEUs may be the spark needed to light up your torch once again!

In summary: continued

- I have broken down the process to become AE-C recertified by CEUs in three easy steps, the decision, the plan and the application process
- I provided you with several advantages of completing the recertification process by CEUs & what it will take to be successful, discipline, desire and dedication
- I would like to thank those that also shared their pearls of wisdom with the group
- If this brief talk inspired you at all, please consider taking the first step of this journey by simple going on the NAECB's website tonight and see for yourself how easy, fun and rewarding the process of recertifying your AE-C by CEUs can be!

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THANK YOU!