



Is your (or your child's) asthma out of control? *We can help!*

DOES ASTHMA MAKE YOU OR YOUR CHILD:

- ✓ Use a rescue inhaler more than two times a week?
- ✓ Miss school or work?
- ✓ Sometimes need to go to the ER or hospital?
- ✓ Have trouble playing, exercising or being active?



HELP IS JUST A PHONE CALL AWAY!

To learn more about asthma, or how we can help you or your child control your asthma, call today!

Our services are provided by certified asthma educators (nurses or respiratory therapists).






WE PROVIDE ASTHMA EDUCATION IN YOUR HOME, HELPING YOU TO:

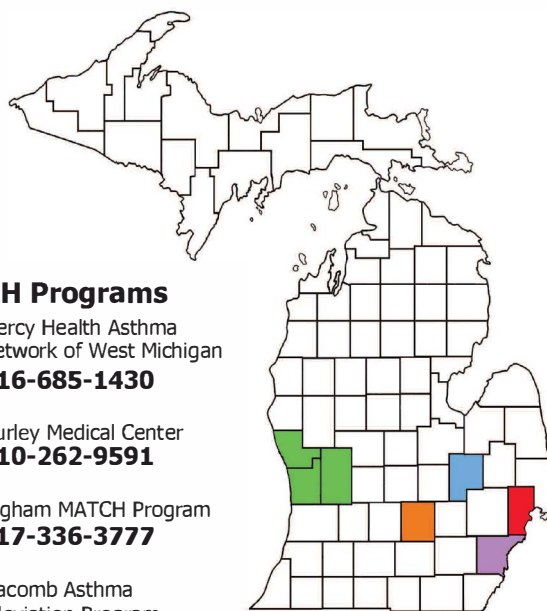
- * Follow your asthma action plan
- * Learn how and when to use your asthma medications
- * Know your asthma triggers
- * Connect with community resources
- * Work with your child's school/your employer
- * Work with your doctor



Contact your local **MATCH** program

MATCH Programs

-  Mercy Health Asthma Network of West Michigan
616-685-1430
-  Hurley Medical Center
810-262-9591
-  Ingham MATCH Program
517-336-3777
-  Macomb Asthma Alleviation Program
586-459-5108
-  Wayne Children's Healthcare Access Program
313-863-2427



Let's work together to control your asthma!